

# PARVA PLASTIC SURGERY

## *Aesthetic & Reconstructive Surgery*



Vol 2 Issue 4 Thanksgiving 2010

## WHAT ARE YOU THANKFUL FOR.....

As we prepare to share this year's Thanksgiving issue of our Newsletter with you, I am struck once again by my own feelings of joy and gratitude. The joy of spending this season (and life) with my lovely wife, Nancy, and having my wonderful girls home together; Gratitude for God's blessings, mercy and salvation; The daily pleasure of working with a terrific staff; And the privilege of being a small part of the lives of our remarkable patients. Thank you for contributing your personal thoughts of Thanksgiving. God Bless you and your family.

-- Dr. Parva

### HEALTH & HAPPINESS

My wife's healthy, happy attitude and knowing our journey with breast cancer is soon to end.



### STRONG FAITH

I am thankful for a strong faith, prayers from our friends and Dr. Parva and staff.

Jane Davis

### FAMILY & FRIENDS

My family and kids...  
My friends and Tammy...  
My doctors and Parva group for being so great...  
And waking up every morning to enjoy a new day!



### APPRECIATING BLESSINGS IN OUR LIVES

It is so easy to say that we are thankful for the blessings in our lives, but until we are tested it is easy to take them for granted. This year has been filled with fear, anxiety and worry. Breast cancer was never something that I thought would affect my life, and certainly not at my age. But for every one of those moments that were so hard to face, I never once had to face them alone. My husband is the most supportive, understanding, and caring man I have ever known. Each day he promised

to be there for me and to take care of me no matter what the future held. He was at every appointment helping me navigate through the overwhelming and often confusing information thrust at us. My friends listened to me, prayed with me and refused to let me accept anything other than a full recovery. They helped me be brave and strong, even when I didn't want to or think I could be. And on those nights after my surgeries when I was just too tired or sore to tuck my son in at night, he would come to tuck me in and would say, "I love you, Mom." Yes, this has been a tough year that has reminded me of all the things that I am truly thankful for.

Leslie L.



### FAMILY AND LIFE

I am thankful for my wonderful family and my loving husband, my health and being alive.

### MANY BLESSINGS

I am thankful for my husband, Dr. Parva, Stephanie, Sarah, Rose and all the staff and the other medical angels who took care of me through my surgeries this past year. It was a year of medical trials but with many blessings. Thank you to all.

Charlotte Marcus

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# SO MUCH TO BE THANKFUL FOR...



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## A LOVING GOD

I wanted to share this. . . I am thankful to have faith in God, my health, a loving family, and friends. I am thankful for knowing God is always there to protect and save me no matter what the circumstances are and teaching me right from wrong. I am thankful for always having Godly people in my life. Thank you and God bless!

*Hasina S. Hafner*

## EVERYDAY MIRACLES

I am thankful for my many, many answered prayers. They say things "come in threes." When your life becomes somewhat of a roller coaster ride I find that God takes care of the threes- and then continues through the thousands. It never ceases to amaze me that He continues to look down on "one such as I" and does not consider my cares as trivial. He shows me a miracle every day. Family is the most important thing in my life and I have been so truly blessed by my wonderful children and grandchildren, who give us so much joy.

*Linda Gibson*

## SOLDIERS PROTECTING OUR FREEDOM

I am thankful for the freedom that we have here in the United States and the soldiers that protect us every day!

*Toni M. Tocheck*

## ADDICTION FREE

No matter how rough life gets or how many unforeseen trials arise, I have a wonderful support group of friends and family to help me through any crisis so I can get by with love rather than alcohol. I am thankful to be alcohol free for more than a year.

## GIFTED DOCTORS

I am thankful for my family and friends. Also, all of my doctors whom take good care of me everyday. I have definitely been blessed. I'm thankful that God is in my life everyday and has answered many prayers. I'm thankful that he has laid many healing hands on me like Dr. O'Connor, Dr. Rajendra, Dr. Chiantella and Dr. Parva.

*Judy Lawson*

## FAMILY

I am thankful for a beautiful supportive husband and two lovely children.

*Kimberly Keyser*

## HEALTHCARE ANGELS

I am blessed with having the best doctors and their staffs shower me with the best care and more TLC than I have ever received in any doctors office. I feel loved and cared for from everyone! This is the 2nd time to deal with having a mastectomy but the 1st time dealing with chemo. I feel safe and protected and in the best hands I could ever be in because Dr. Parva, my plastic surgeon, Dr. Chiantella, my breast surgeon, Dr. Rajendra and Morales, my oncologists and their respective staff are my angels. All the many prayers from all my family and friends have gotten me through this difficult time in my life. The power of praying rules over everything.

*God Bless, Judye Valliere*

## LAUGHING AND SHARING

I am thankful to have a loving and supportive family that is helping me realize my dreams and ambitions. Placing my career on hold to raise our children was an easy decision for me. It used to concern me that because I chose to be a stay at home mom that I would have forgone any possibility of having a meaningful or fulfilling career. So, now that my children have become the independent individuals we raised them to be it left me with time to try and decide what was next for me in my life. It left me with one question "What do I want to be when I grow up?" And the answer became very clear when I became part of the Parva team...I want to be right where I am... working with my friends...meeting and caring for the most extraordinary women and their families...making a difference in someone else's life...and laughing until my sides hurt. I am thankful for my life and all the incredible people in it.

*Petra Lipski*

## CANCER FREE

I am thankful for being cancer free and waking up every morning knowing that God already has a perfect plan for my day and will be holding my hand...even carrying me if needed.

I am thankful for a great employer who provided me with leave and excellent insurance coverage. And I am very thankful for family & friends who have been so totally supportive throughout my 13 month journey through breast cancer. Jehovah Rapha-my healer. My daughter Bre, who trained and completed the 39 mile Avon walk and raised over \$ 2,000! My husband, chauffeur, cook, maid and nurse. My son, Stephen, who always encourages me with hugs. My grandsons David, Isaiah, Tyler and Jayden who make me laugh and smile.

*Jeanne Gant*



***Come join Parva Plastic Surgery on Facebook and share what you are thankful for...it's very easy***

- Sign in to your Facebook Account
- Type <http://www.facebook.com/parvaplasticsurgery> into the address bar
- Click on the "Like" Button next to "Parva Plastic Surgery"
- 2010 Cherry Blossom 5K Walk and 3rd Annual Hope and Courage Celebration photos have been posted!
- **Can't wait to see you online**

THE PARVA PLASTIC SURGERY TEAM  
WISHES YOU AND YOUR FAMILY  
A WONDERFUL HOLIDAY SEASON!





IN THIS ISSUE:  
REAL LIFE, LOCAL  
ACCOUNTS OF  
THANKSGIVING AND  
ENCOURAGEMENT!

